

اثر فترة الإعداد الخاص في المكونات المناعية للجسم لدى لاعبو المنتخب العراقي للشباب
بالدراجات

تقدم به الباحثون

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Abstract

After a period setting in the body's immune components of the Iraqi players for youth cycling

Made by researchers

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Focused research problem to answer the important question of which ((is affected by components of the immune fatigued during training in the setting of any of the components more susceptible to immune at this stage)).

Aim of this study the impact of training during the stage setup on the components the body's immune, so the researcher used the descriptive method as the appropriate methodology to solve the research problem, as well as selected research community select the researcher the research community who are elected Iraqi Bicycles for young people participating in the Championship Emirates International sports season 2009-2010 and who are (8) Abouapn. Was to rely on the components of blood immune namely: (Alimoklopin, the size of the hated (pcv), the number of white blood cell (WBC), nitro Phil, Aezovil, Bazovil to Imvusait, Menusait), and the statistical treatments have been using (the arithmetic mean, standard deviation, the law T samples of the interrelated). In light of the results the researcher to several conclusions from the most important of the following:

1. Is not affected by variables Hmuklopin blood and the size of the hated red during the exercises in your stage setup.
2. Immune system is compromised by the stressful workouts during the setup phase, through the lower values of the variables under study for measurement tribal.