

Course Description Form

Review the performance of higher education institutions ((review of the academic program))

Course Description

This course description provides a brief summary of the most important characteristics of the course and the learning outcomes expected of the student to achieve, proving whether he or she has made the most of the available learning opportunities. It must be linked to the program description.

1. Educational institution	Faculty of Physical Education and Sports Sciences
2. University Department / Center	University of Qadisiyah - College of Physical Education and Sports Sciences - Individual Games Branch
3. Course Name/Code	/
4. Programs in which he enters	Physical Education and Sports Sciences Second Stage Square and Square
5. Available Attendance Forms	Full Time – Daily
6. Semester / Year	First and second / 2023-2024
7. Number of Credit Hours (Total)	4 hours a week
8. The history of preparation of this description	2024

- 9. Course Objectives**
- Understand the course, learn the skill and master its laws
 - Preparing academics who are able to explain the skill and teach it to others
 - Student interaction and creating a safe environment for students with the availability of devices and tools to apply and develop all sports programs.
 - Preparing students psychologically and instilling confidence in their personalities to be a true leader of the group
 - How to deal with students under the age of 18
 - Careful planning for the implementation of training programs and qualifying students to be successful in their careers

10. Learning outcomes and teaching, learning and assessment methods

A- Knowledge and understanding

- Determine the goals to be reached.
- Diversity of teaching methods and learning legal rules for all events.
- Methods of learning skills and gradation in them from difficult to easy.

Involve everyone in courses and workshops to develop capabilities •

B - Subject-specific skills

- Successful leadership to develop and improve the educational process.
- Using new methods in the teaching and learning process.
- Inventing devices and preparing programs aimed at improving the educational process.
- Diversity in explanation and style of presentation of the skill by the teacher and the application of the skill practically and presented in the form of videos.
- Giving athletes with physical and skill abilities high-level activities to develop their abilities.

Selecting the best athletes to develop and improve their skill, physical, •
.tactical and psychological abilities

Teaching and learning methods

- Availability of devices and tools used in education.
 - Diversity in explaining the skill and teaching it to others.
 - Encourage students to search for resources for learning the skill, whether in libraries or websites.
- .Demanding them for homework •

Evaluation methods

- . Daily tests with multiple-choice questions for subjects -
- Participation grades for students' challenging competition questions .
- Setting grades for assigned homework .

C- Thinking skills

The teacher should encourage students, develop the faculty of thinking, develop their mental and intellectual abilities, and cultivate the spirit of competition .among them to obtain creative students

d. General and transferable skills (other skills related to employability and

(personal development

D1- Time management to achieve the maximum benefit and the best return

D2- Using the means of effective communication skills and the ability to work together to activate the processes related to the sports field

D3- Using methods and procedures to collect, build and analyze databases using the computer

D4- Writing and presenting reports and memoranda using modern means of communication and technology

D5- Active participation in professional gatherings of local and national physical education and in the wider educational field

D6- Practicing continuous learning and self-learning in the sports field and in life in general

D7- Leading individuals to achieve the desired goals

D8- Knowledge of one of the foreign languages to activate the work environment when needed.

11. Effective					
The week	Hours	Required Learning Outcomes	Name of the unit/course or topic	Method of education	Evaluation method
1	4 Hours		Explanation of an introduction to the laws of the arena and the field	Built-in presence	
2	4 Hours		Explanation of the effectiveness of the triple jump	Built-in presence	
3	4 Hours		Teaching the technique of the triple jump	Built-in presence	
4	4 Hours		Control and mastery	Built-in presence	distance
5	4 Hours		Application of the event by students	Built-in presence	
6	4 Hours		Effectiveness technique and adjustment without errors	Built-in presence	
7	4 Hours		Practical exam	Built-in presence	distance
8	4 Hours		Theoretical exam	Built-in presence	degree
9			Explanation of middle distances	Built-in presence	
10	4 Hours		Teaching students to run in the curve	Built-in presence	

11	Hours 4		Raising the physical fitness of students	Built-in presence	
12	Hours 4		Raising the physical fitness of students	Built-in presence	
13	Hours 4		Raising the physical fitness of students	Built-in presence	
14	Hours 4		Practical exam	Built-in presence	time
15	Hours 4		Theoretical exam	Built-in presence	degree
16	Hours 4		Explain the effectiveness of discus throwing	Built-in presence	
17	Hours 4		Teaching students the kinetic sequence of the activity	Built-in presence	
18	Hours 4		Teaching students effectiveness without a tool	Built-in presence	
19	Hours 4		Teaching students the effectiveness or kinetic sequence with a tool	Built-in presence	
20	Hours 4		Application of the effectiveness of discus throwing by students	Built-in presence	
21	Hours 4		Practical exam	Built-in presence	distance
22	Hours 4		Theoretical exam	Built-in presence	degree
23	Hours 4		Explanation of the effectiveness of running 110 meters hurdles for men and 100 meters hurdles for women	Built-in presence	
24	Hours 4		Teaching the technique of crossing barriers	Built-in presence	
	Hours 4		Teaching	Built-in	

25			running between barriers and starting in short distances	presence	
26	Hours 4		Practical exam	Built-in presence	time
27	Hours 4		Theoretical exam	Built-in presence	degree
28	Hours 4		Explain the effectiveness of pole vaulting	Built-in presence	
29	Hours 4		Video presentation of the event and its practical application	Built-in presence	
30	Hours 4		Theoretical and practical exam	Built-in presence	Height - degree

12. Infrastructure	
<ul style="list-style-type: none"> ▪ Basic texts ▪ Course Books ▪ Other 	: Required readings The book of arena and field games written by Prof. Dr. Talib Faisal Al-Saffar Prof. Dr. Sareeh Abdul Karim Al-Fadhli + Internet
Special requirements (including e.g. workshops, periodicals, software, websites)	Websites & Workshops
Social services (e.g. guest lectures, vocational training and field studies)	Field Studies

13. Acceptance	
Prerequisites	There isn't any
Minimum number of students	150
The largest number of students	250

Subject Teacher Subject Teacher Head of Branch

Prof. Ali Ghanem Mutashar Dr. Wael Abdullah Al-Lami Assoc. Prof. Dr. Abdul
Hussein Majed Mohammed

the page 1