

Course Description Form

Review the performance of higher education institutions ((review of the academic program))

Course Description

This course description provides a brief summary of the most important characteristics of the course and the learning outcomes expected of the student to achieve, proving whether he or she has made the most of the available learning opportunities. It must be linked to the program description.

1. Educational institution	Faculty of Physical Education and Sports Sciences
2. University Department / Center	Faculty of Physical Education and Sports Sciences
3. Course Name/Code	/
4. Programs in which he enters	Physical Education and Sports Sciences
5. Available Attendance Forms	Full Time – Daily
6. Semester / Year	First and second / 2023-2024
7. Number of Credit Hours (Total)	2 hours per week
8. The history of preparation of this description	2024

9. Course Objectives

- Teaching the method of help and explanation of skills
- Urging students to master the performance of the basic skills of racket games (tennis)
- Teaching the basic skills of tennis (transmitter, forehand, backhand)
- Development of elements of physical strength (strength - agility - flexibility)
- Learn about the articles of the International Tennis Law
- Application of Law Articles in Tennis

10. Learning outcomes and teaching, learning and assessment methods

A- Knowledge and understanding

Understand the motor program of the skill and how to perform in order to reach good performance in a smooth, compatible and economical manner

B - Subject-specific skills

Forming an image of the learner about the required skill by memorizing the motor program

Analysis and interpretation of information –
 Error detection –
 Finding development in learning-

Teaching and learning methods

- Relying on modern teaching methods (discussion, brainstorming, -1
 (.cooperative etc
- (Focus on all learning styles (motor, auditory, visual -2
- (Relying on blended learning (in-person, electronic -3
- Using the means and tools for learning motor skills in tennis -4

Evaluation methods

- **Formative evaluation** (evaluating all the behavioral objectives of each lecture through interdisciplinary activities between each behavioral goal in the lecture)
- **Final evaluation** (evaluation of the lecture at the end of the lecture through the exam at the end of the lecture or giving home tasks to the student)

C- Thinking skills

- **Developing intellectual and physical abilities in creating various physical exercises**
- Developing the intellectual abilities of the student leads to - accelerating the learning of the motor skills of tennis**
- **Developing students' creative thinking by designing groups of exercises for each student**

d. General and transferable skills (other skills related to employability and .(personal development

- .D1- Time management to achieve the maximum benefit and the best return
- D2- Using the resources of the college library
- D3- Identify the most important injuries expected from the wrong performance
- .D4- Leading individuals to achieve the desired goals
- D5- Familiarity with the development of tennis law and keeping pace with it.

11. Course Structure

The week	Hours	Required Learning Outcomes	Name of the unit/course or topic	Method of education	Evaluation method
1	2	Behavioral motor	Definition of tennis, history, tools	Built-in presence	Written and oral exams
2	2	Behavioral motor	Racket grab, standby pause, foot .movement	Built-in presence	Oral and practical exams
3	2	Behavioral motor + cognitive mental	Compatibility and .control of the ball	Built-in presence	Examinations, oral and practical
4	2	Behavioral motor + cognitive mental	Straight front .ground strike	Built-in presence	Written and applied exams
5	2	Behavioral motor + cognitive mental	Replay the straight .front ground	Built-in presence	Practical exams
		Behavioral motor +	Straight front ground blow with	Built-in	Written and

6	2	cognitive mental	the movement of the .feet	presence	applied exams
7	2	Behavioral motor + cognitive mental	Straight rear ground strike	Built-in presence	Practical exams
8	2	Behavioral motor + cognitive mental	Repeat the straight .rear ground strike	Built-in presence	Practical exams
9	2	Behavioral motor + cognitive mental	Straight back ground blow with the movement of the .feet	Built-in presence	Written, oral and applied exams
10	2	Behavioral motor + cognitive mental	Strike transmitter .from the right side	Built-in presence	Practical exams
11	2	+ Behavioral Motor Cognitive mental	Blow the transmitter .from the left side	Built-in presence	Written, oral and applied exams
12	2	Behavioral motor	The first semester .theoretical exam	Built-in presence	Written exams
13	2	Behavioral motor	The first semester .practical exam	Built-in presence	Oral and practical exams
14	2	+ Behavioral Motor Cognitive mental	Sidekick performance .training	Built-in presence	Oral and practical exams
15	2	Behavioral motor + cognitive mental	Training in the performance of all .skills	Built-in presence	Written, oral and applied exams
16	2	Behavioral motor + cognitive mental	Explanation of the Arbitration Rules	Built-in presence	Written, oral and applied exams
17	2	Behavioral motor + cognitive mental	Play and perform skills.	Built-in presence	Written, oral and applied exams
18	2	Behavioral motor	Explanation of the Arbitration Rules	Built-in presence	Written, oral and applied exams
19	2	Behavioral motor	Play and perform .skills	Built-in presence	Written, oral and applied exams
20	2	Behavioral motor + cognitive mental	Explanation of the Arbitration Rules	Built-in presence	Written, oral and applied exams
21	2	Behavioral motor + cognitive mental	Play and perform .skills	Built-in presence	Written, oral and applied exams
22	2	Behavioral motor + cognitive mental	Explanation of the Arbitration Rules	Built-in presence	Written, oral and applied exams
23	2	Behavioral motor	Explanation of the Arbitration Rules	Built-in presence	Written, oral and applied exams
24	2	Behavioral motor	Re-explanation of the Arbitration Rules	Built-in presence	Written, oral and applied exams
25	2	Behavioral motor	Complete the explanation of the law and the registration form	Built-in presence	Written, oral and applied exams
26	2	Behavioral motor + cognitive mental	Play matches	Built-in presence	Exams and oral
27	2	Cognitive mental	Theoretical exam for .the second semester	Built-in presence	Written exams
			Practical exam for	Built-in	Oral and

28	2	Behavioral motor	.the second semester	presence	practical exams
29	2	Behavioral motor	Final practical .exam	Built-in presence	Written, oral and applied exams
30	2	Behavioral motor	Final theoretical .exam	Built-in presence	Written, oral and applied exams

12. Infrastructure	
<p>: Required readings</p> <ul style="list-style-type: none"> ▪ Basic texts ▪ Course Books ▪ Other 	<ul style="list-style-type: none"> - Methodological book approved by the college for tennis - Lectures prepared by (Prof. Dr. Alaa Abdel Wahab, Eng. Ali Raad Ismail) based on solid sources <p style="text-align: center;">International Tennis Federation - Law (translated) by international referee Hashim Mohammed</p>
Special requirements (including e.g. workshops, periodicals, software, websites)	Workshop on Tennis Training Methods
Social services (e.g. guest lectures, vocational training and field studies)	<ul style="list-style-type: none"> - Giving a lecture at Al-Rafidain Club entitled (Sports Injuries in Tennis) Giving a lecture at Al-Ittifaq Club - entitled (Injuries resulting from overtraining and how to prevent (training injuries

13. Acceptance	
Prerequisites	There isn't any
Minimum number of students	100
The largest number of students	200